



**Show Rundowns for
Weeks of April 19, 2010 and April 26, 2010**

DAY & DATE	RECIPE TITLE (if applicable)	SHOW TITLE & TEASE	TIME
*Monday April 19	Chocolate Garden Pie	Earth Day is Coming/Chocolate Garden Pie: Can a chocolate pie help remind us to save the earth? Don't miss my tasty contribution to our Earth Day festivities!	1:32
*Tuesday April 20	Fresh Catch Strudel	Fresh Catch Strudel: Fishing for compliments? Then today's recipe will not only lure your gang to the table – it'll have 'em raving about it!	1:41
*Wednesday April 21	Ricotta Cheesecake	Spotlight on Ricotta/Ricotta Cheesecake: We're shining the spotlight on versatile ricotta cheese to take advantage of the many tasty hats it wears.	1:30
Thursday April 22	N/A	Earth Day/Energy-Efficient French Press Coffee Makers: We're using our bean on Earth Day by going energy-efficient with our coffee-making. How? We'll show you!	1:39
*Friday April 23	Parsley Salad	Parsley/It's Not Just a Garnish/Parsley Salad: Think parsley is only a pretty face? Uh uh – with its garden-fresh taste, garnishing is just the start. Yup!	1:34
*Monday April 26	Creamy Cavatelli	Creamy Cavatelli: Why do we love pasta so much? Maybe because it's food fast that isn't standard fast food! And today's saucy creation will wow them!	1:23
*Tuesday April 27	Shrimp & Corn Packets	Shrimp & Corn Packets: Sweet as sugar: summery corn on the cob! Can't wait for it to be in season? Well, Supersweet corn is here now!	1:38
*Wednesday April 28	Classic Fried Chicken	Classic Fried Chicken: We've got the secret to crispy-on-the-outside-juicy-on-the-inside fried chicken. Tune in to find out more!	1:33
*Thursday April 29	Easy Burgoo	Kentucky Derby/Easy Burgoo: We'll show you how to celebrate the upcoming Run for the Roses in style with a classic Kentucky stew that'll have them racing to the table!	1:36
*Friday April 30	Pickled Watermelon Rind	Using the Whole Watermelon/Pickled Watermelon Rind: How can one watermelon equal so many different tasty meal ideas? We're sharing them all today!	1:52

*Key station address for recipe requests

Problems during satellite feed? Call 212-975-6530.

General questions regarding satellite feed or dubbing? Call Christopher Rahner at (212) 975-8139.

Need additional MR. FOOD information? Call 954-938-0400 (9am to 5pm EST).