



**Show Rundowns for
April 13, 2015 and April 20, 2015**

DAY & DATE	SHOW TITLE & TEASE	TIME
MON. Apr. 13	Golden Squash Casserole: If you think cutting back on guilt means cutting back on taste, we've got a surprise for you.	1:33
TUE. Apr. 14	Quick-As-A-Wink Pecan Pork: Fasten your seatbelts 'because today's recipe is super-fast and super delicious. It really is.	1:27
WED. Apr. 15	Roasted Garlic Chicken: It's April 15 th and that means it's Tax Day. But no worries. We have a recipe that is anything but taxing.	1:18
THUR. Apr. 16	Sunny Party Pie: I'm no meteorologist, but I have a feeling if you serve what we're making today, the sun will be shining bright.	1:22
FRI. Apr. 17	Philly Cheese Steak Bake: Today we get the taste of a Philly cheese steak, in the form of a casserole! And It's easy with a few market shortcuts.	1:21
MON. Apr. 20	Homemade Biscuits and Gravy: We're making a down home southern treat that's as good for breakfast as it is for dinner. Any guesses as to what it is?	1:21
TUE. Apr. 21	Best Broccoli Salad: We've got the cure for the dull deli salad. Here's a hint, and there's so much more.	1:29
WED. Apr. 22	The Ultimate Dirt Cake: Today we are digging up a tasty dessert that's just in time for Earth Day. Stick around and I'll show you what it is.	1:24
THUR. Apr. 23	Three Cheese Macaroni and Cheese: Wait until you see the secret ingredient that we add to our mac and cheese. I bet you'll never guess what it is.	1:25
FRI. Apr. 24	5-Minute Beef Stir Fry: Today we've got the trick to making homemade Chinese food... taste take-out worthy.	1:26

Key address/Web site for recipe requests

Problems during satellite feed? Call 212-975-6530.

General questions regarding satellite feed or dubbing? Call Christopher Rahner at (212) 975-8139.

Need additional MR. FOOD information? Call 954-938-0400 (9am to 5pm EST).