



**Show Rundowns for  
June 25, 2012 and July 2, 2012**

<b>DAY &amp; DATE</b>	<b>SHOW TITLE &amp; TEASE</b>	<b>TIME</b>
Monday June 25	<b>Fresh Pesto Sauce:</b> Come this time of year, fresh herbs are sprouting in our outdoor gardens and, as money-savers; they're in more than ever! Yup!	<b>1:33</b>
Tuesday June 26	<b>Pineapple Citrus Cream Squares:</b> No matter where our 4 <sup>th</sup> of July festivities are; today's sunny tasting recipe is easy to bring along! You'll see!	<b>1:40</b>
Wednesday June 27	<b>Backyard Bean Bake:</b> Planning your 4 <sup>th</sup> of July bash? Our easy baked beans will have everyone drawn to your backyard! You'll see!	<b>1:44</b>
Thursday June 28	<b>Two-Step BBQ Chicken:</b> We're in my Test Kitchen today to learn the secret to perfectly cooked barbecued chicken! Don't miss it!	<b>1:37</b>
Friday June 29	<b>Garden Herb Steak:</b> We'll show you how to add some fresh-tasting sizzle to steaks on the grill; just in time for all the holiday fireworks!	<b>1:32</b>
Monday July 2	<b>Berry Cheesecake Ice Cream Squares:</b> No need to wait for the jingle of the ice cream truck when we can make our own treats at home – just the way we like'em!	<b>1:40</b>
Tuesday July 3	<b>Confetti Couscous Salad:</b> Want a dynamite recipe for your 4 <sup>th</sup> of July picnic or grill-fest? This colorful cold salad is the perfect change of pace!	<b>1:45</b>
Wednesday July 4	<b>Down-Home Ribs:</b> There's nothing more down-home than some country-style ribs on the grill, and we'll show you how easy they are!	<b>1:26</b>
Thursday July 5	<b>Pink Lemonade Bread Pudding:</b> Some of our July 4th leftovers can be the star of today's dynamite dessert! Join us to see how we can stretch 'em!	<b>1:45</b>
Friday July 6	<b>Sweet and Spicy Pickles:</b> Our Test Kitchen has the shortcut to the tastes of homemade deli-style pickles without the long wait! Don't miss this!	<b>1:27</b>

**Key address/Web site for recipe requests**

**Problems during satellite feed? Call 212-975-6530.**

**General questions regarding satellite feed or dubbing? Call Christopher Rahner at (212) 975-8139.**

**Need additional MR. FOOD information? Call 954-938-0400 (9am to 5pm EST).**