



**Show Rundowns for
February 16, 2015 and February 23, 2015**

DAY & DATE	SHOW TITLE & TEASE	TIME
MON. Feb. 16	Cherry-Pineapple Dump Cake: George might have chopped down a cherry tree, but my guess is that Martha was the one who made the dessert, and I bet she would have liked our easy recipe back then.	1:25
TUE. Feb. 17	Mardi Gras Popcorn Chicken: It's Fat Tuesday, and you know what that means! It means we have a dish that is sinfully delicious. So stick around, it's worth it.	1:33
WED. Feb. 18	Old Fashioned Coleslaw: Looking for a great side for a fish fry? We've got it, and you won't wanna miss it.	1:35
THUR. Feb. 19	Imperial Pork Pot Stickers: It's the first day of the Chinese New Year and we have just the dish to welcome in the year of the sheep.	1:34
FRI. Feb. 20	Oscar Worthy Bubbly Parfaits: With all the buzz going on about the Academy Awards, we've got a dessert that is Oscar-worthy. It really is.	1:23
MON. Feb. 23	Pull-Apart Coffee Cake: Today we're making this old-fashioned coffee cake without all the old-fashioned work. There's only one way to figure out our secret. And that's to join us.	1:28
TUE. Feb. 24	Shepherd's Pie Soup: We're turning one of our favorite casseroles into a soup that'll have you smiling ear-to-ear. And the secret to it is coming up next.	1:30
WED. Feb. 25	Amish Ham and Cheese Casserole: What is it about Amish food that makes us crave it so much. The secret is ... you'll need to stick around for that.	1:36
THUR. Feb. 26	Fresh Apple Turnovers: Try spelling stressed backwards. It's the key to today's recipe. Ok, d...e...s...	1:34
FRI. Feb. 27	Spaghetti Rice: If you love rice and pasta, stick around 'cause we've got a two-fer that's doubly good.	1:23

Key address/Web site for recipe requests

Problems during satellite feed? Call 212-975-6530.

General questions regarding satellite feed or dubbing? Call Christopher Rahner at (212) 975-8139.

Need additional MR. FOOD information? Call 954-938-0400 (9am to 5pm EST).