



**Show Rundowns for
May 11, 2026 and May 18, 2026**

DAY & DATE	SHOW TITLE & TEASE	TIME
MON. May 11	Cola Meatballs: We're taking an everyday soft drink and using it in a whole new way. Any ideas?	1:31
TUE. May 12	Amish Chicken Casserole: We've discovered how to get the taste of a true Amish meal with a few modern day conveniences.	1:34
WED. May 13	Roasted Tomato Oscar: We roast "beef", we roast "potatoes" and now we roast these. Sounds crazy...they're anything but.	1:23
THUR. May 14	Lasagna Rollups: We're making lasagna in a whole new way...with a shortcut that you're not going to want to miss. So roll up your sleeves and join us.	1:31
FRI. May 15	Tutti-Frutti Ambrosia: The great debate on whether this is a side dish or a dessert is still going strong. I'd love to know what you think.	1:35
MON. May 18	Creamy Pepper Dressing: If you have more than a handful of these in your fridge at any given moment, it may be time for you to ween yourself off the bottle. The salad dressing bottle that is.	1:24
TUE. May 19	Guilt-Free Banana Pudding Pie: Whether you have diabetes or not, you should pay close attention to what we're chatting about today.	1:31
WED. May 20	Hush Puppies: A funny name for a tasty side dish is coming up next. And you won't believe how easy it is.	1:33
THUR. May 21	Garbage Pasta Salad: Today we're talking trash...not "that kind of trash" but the good kind. It'll all make sense, I promise.	1:26
FRI. May 22	Saucy Country-Style Ribs: Can't decide if ya feel like ribs or pork chops for Memorial Day...if that's the case, we've got the solution. And these are super saucy.	1:33

Key address/Web site for recipe requests

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