

**Show Rundowns for
July 20, 2026 and July 27, 2026**

DAY & DATE	SHOW TITLE & TEASE	TIME
MON. July 20	Famous Creamy Italian Dressing: Today we've got something special to dress up those summer salads. Trust me, you won't want to miss it.	1:26
TUE. July 21	Lemony Cream Puffs: It's almost magic how ... this turns into these. It's so cool, you're gonna wanna watch 'em as they bake.	1:24
WED. July 22	Parmesan Crusted Cauliflower: This year, cauliflower is all the rage. And you won't believe how versatile ...and tasty it can be.	1:26
THUR. July 23	Carolina Shredded Chicken Sandwich: If you love BBQ, then get ready for today's lip smackin' recipe.	1:20
FRI. July 24	Frozen Mango Daiquiri: We've seen mangoes in the market, but what do we do with 'em? We're gonna show you.	1:32
MON. July 27	Texas Two-Step Ribs: If you're confused by which ribs to buy when you're at the market, that'll all be cleared up today.	1:25
TUE. July 28	Chicken Tortellini Salad: A tasty deli salad that works as a side or a main dish ... we've got the recipe and you're not gonna wanna miss it.	1:33
WED. July 29	Beefy Fried Rice: If your dinner routine is getting a bit boring, we have a solution that is not only welcoming, but it's also on the table in just 20 minutes.	1:30
THUR. July 30	Pineapple Freezer Cake: Did you know that the pineapple is the universal sign of hospitality? Well it is! So I invite you ... to join us ... right here in the Test Kitchen.	1:22
FRI. July 31	Husky Roasted Corn: Spark up the grill 'cause we're roasting some corn ... And after one bite, your taste buds will be thankin' ya.	1:18

Key address/Web site for recipe requests

You can now download the show videos on the
Affiliates page. <https://www.mrfood.com/index.php/hct/Affiliates>
Need MR. FOOD information? Call 954-938-0400 x2 (9am to 5pm EST).