

**Show Rundowns for
August 03, 2026 and August 10, 2026**

DAY & DATE	SHOW TITLE & TEASE	TIME
MON. Aug. 03	Catfish 'n' Slaw: Of course, fried catfish is a classic, but we've got a new way for your family to enjoy it. I'll show ya.	1:33
TUE. Aug. 04	Kitchen Sink Pie: Grab a spoon and join me as we visit one of the top-rated ice cream parlors in the country. You're not gonna wanna miss this.	1:31
WED. Aug. 05	Skillet Clambake: Grab your flip flops and your appetite 'cause you're invited to a clambake here in the Test Kitchen. Ya better bring a towel, 'cause things might get messy.	1:20
THUR. Aug. 06	Crescent Chicken Squares: We're using crescent roll dough in a whole new way for an unforgettable weeknight dinner. You won't wanna miss it.	1:25
FRI. Aug. 07	Blue Ribbon Strawberry Jam: Today we've got a "jammin'" recipe that'll get ya first prize in any competition. Mmm, mmm.	1:31
MON. Aug. 10	Root Beer Dogs: We've got a whole week of carnival and fair favorites that you're not gonna wanna miss. Bring your appetite and your sense of adventure.	1:20
TUE. Aug. 11	Irresistible Caramel Corn: If the aroma of freshly made caramel corn makes your mouth water, today you're in for a real treat.	1:31
WED. Aug. 12	Lip-Smackin' Lemon Shake Up: We shake hands, we shake our heads ... and today we're shaking something else... and it's not our booties.	1:33
THUR. Aug. 13	Fried Elephant Ears: Ladies and gentleman, children of all ages, step right up and get your freshly made elephant ears. Ya better hurry, 'cause these are gonna go fast.	1:21
FRI. Aug. 14	Sausage, Pepper, and Onion Sandwich: What a roller coaster of a week we've had in the test kitchen. And we've got one last fair favorite for ya.	1:18

Key address/Web site for recipe requests

You can now download the show videos on the
Affiliates page. <https://www.mrfood.com/index.php/hct/Affiliates>
Need MR. FOOD information? Call 954-938-0400 x1 (9am to 5pm EST).